

## Menu

We are delighted to offer this menu

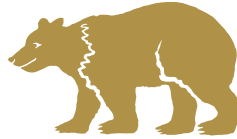
12.00 Noon to 3.00 pm and 6.00 pm to 9.30 pm Monday to Friday - 12.00 Noon to 9.30 pm Saturday and 9.00 pm Sunday

### Starters

Creamed Mushroom and Tarragon Soup V	£5.50
Thai Spiced Fish Broth	£7.95
Chicken Liver Parfait with Home Made Chutney and Toast	£6.95
Steamed Mussels Cooked with Lemon Grass and Pickled Ginger	£8.25
Spicy Venison Tartare with Pickled Mooli and Quail Eggs	*£9.25
Baked Capricorn Goats cheese with Roasted Figs and Balsamic	£ 8.50
Tiger Prawns, Fresh Crab and Avocado Cocktail	*£9.95
Wild Mushroom, Broccoli and Feta Cheese Tart Toped with Lightly Poached Egg	£8.25
Home Smoked Quail Caesar Salad	£8.75
Chefs Starter of the Day	£Market Price

### Main Course

Traditional Roast Beef Served with Yorkshire Pudding and Seasonal Vegetables	(SUNDAY LUNCH ONLY) £16.25
The Bears Ploughman Salad (Goats Cheese, Stilton, Cheddar, Brie, or Ham)	£12.95
Scottish Smoked Salmon with Creamy Scrambled Eggs and Fresh Crab	£13.95
Calves Liver and Bacon with Cajun and Honey Roast Pumpkin, Black Pudding ad Baby Onions	*£16.25
Roasted Cornish Hake Fillet with Parma ham, Confit Tomato and Saffron Braised Mussels	*£15.95
Pan Fried Wood Pigeon and Chorizo, Leek and Haricot Bean Cassolet	£15.25
The Bears Traditional Fish and Chips (Haddock/Cod) with Mushy Peas and Tartare Sauce	£15.25
Chicken Caesar Salad with New Potatoes	£14.95
Whole Lemon Sole Simply Grilled with Seasoned Vegetables	£Market Price
Breast of Pheasant with Bubble and Squeak Potato Cakes Roasted Foie Gras and wild Mushrooms	£15.50
Local Hand Made Sausage and Mash with Onion Gravy	£12.95
Vegetarian Pasta Dish of the Day	£13.25
Cured Ham with Fried duck Eggs and Chunky Chips	£13.75
Chefs Daily Special	£Market Price
Prime Grilled Scotch Sirloin Steak with a Peppercorn and Brandy sauce	*£21.95



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### Hot Sandwiches

Available to order with either white or brown bread

Toasted Ciabatta with Chilli Pork Sausage, Melted Brie, Onion Jam and Chips	£10.50
Traditional Club Sandwich and Chips	£10.95

### Side Orders

Homemade Bread and Olives with Balsamic Vinegar and Olive Oil	£6.95	Bread Rolls and Butter	£2.50
Garlic Ciabatta	£3.95	Garlic Ciabatta and Cheese	£4.25
Chips	£3.50	Chunky Chips	£3.75
Mash	£3.50	New Potatoes	£3.95
Seasonal Vegetables	£3.95		
Mixed Salad	£3.95	Green Salad	£3.95

### Desserts

Chefs Daily Special	£Market Price
Passion Fruit, White Chocolate and Raspberry Panna Cotta	£5.50
Dark Chocolate and Pecan Nut Tart with Cinnamon Roasted Pine Apple and Rum and Raisin Ice Cream	£5.75
Plate of Mini Desserts	*£8.50
Apple and Blackberry Strudel Pancakes with Bay Custard and Homemade Ice Cream	£ 6.25
Vanilla Seed and Orange Crème Brûlée	£5.25
Mature Farmhouse Cheeses served in the Traditional Way	*£8.95
Coffee with Homemade Fudge	£3.75

#### Dinner, Bed and Breakfast Package Supplements

Guests who are on our Dinner, Bed and Breakfast package are able to choose three courses from this menu, any items with \* will be charged with an additional £2.00 supplement.

V-Suitable for Vegetarians

Our prices include VAT and Service is at your discretion.

Please note that some of our dishes may contain nuts or traces of nuts, please ask your server for details.

Our cooking oil contains traces of GM soya.

21/012011